# Job Demands Form

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| --- |
| Employee Information |

|  |  |
| --- | --- |
| Employee Name (Last, First, Middle) |  |
| Date |  |
| Employer Name |  |
| Evaluator |  |
| Job Title |  |

|  |
| --- |
| Specific Task Requirements (Include walking surfaces, distance to carry or walk, etc.) |

|  |  |
| --- | --- |
| 1. |  |
| 2. |  |
| 3. |  |
| 4. |  |

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| --- |
| Physical Requirements (Check box for each of the tasks the worker will perform) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Total Hours In 8-Hour Day | | | |
| **Body Movements** | 0-1 | 1-3 | 3-6 | 6-8 |
| Repetitive Use of Hands |  |  |  |  |
| a) Squeezing |  |  |  |  |
| b) Supinate/pronate |  |  |  |  |
| c) Keyboarding |  |  |  |  |
| Reach Above Shoulder |  |  |  |  |
| Twist Upper Body |  |  |  |  |
| Bend at Waist |  |  |  |  |
| Kneel |  |  |  |  |
| Sit |  |  |  |  |
| Stand |  |  |  |  |
| Walk |  |  |  |  |
| Walk Uneven Surface |  |  |  |  |
| Climb |  |  |  |  |
| Operate Foot Controls |  |  |  |  |
| Overall Endurance |  |  |  |  |
| **Physical** |  |  |  |  |
| Lift 1-10 lbs. |  |  |  |  |
| Lift 11-19 lbs. |  |  |  |  |
| Lift 20-49 lbs. |  |  |  |  |
| Lift 50+ lbs. |  |  |  |  |
| Carry 1-10 lbs. |  |  |  |  |
| Carry 11-19 lbs. |  |  |  |  |
| Carry 20-49 lbs. |  |  |  |  |
| Carry 50+ lbs. |  |  |  |  |
| Push 1-10 lbs. |  |  |  |  |
| Push 11-19 lbs. |  |  |  |  |
| Push 20-49 lbs. |  |  |  |  |
| Push 50+ lbs. |  |  |  |  |
| Pull 1-10 lbs. |  |  |  |  |
| Pull 11-19 lbs. |  |  |  |  |
| Pull 20-49 lbs. |  |  |  |  |
| Pull 50+ lbs. |  |  |  |  |
| **Environment.** Include if job is preformed indoors or outdoors and if temperature extremes exist. |  | | | |
| **Hazards.** Include noise, light, fumes, dust, floor surface, etc. |  | | | |
| **Equipment/Tools.** Include whether hand or machine driven. |  | | | |
| **Products/Materials.** Identify products and materials to be used. |  | | | |
| **Endurance.** Identify whether job includes sustained activity levels. |  | | | |
| **Additional Information/Comments** | | | | |
|  | | | | |
| **Completed By** | | | | |
| Completed by |  | | | |
| Date |  | | | |